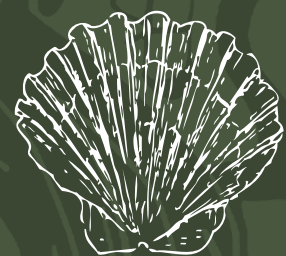


TRANSFORMATIONAL PILGRIMAGE



AVALON ISLAND

BRETAGNE, FRANCE



Let your heart be the guide...



ARTHURIAN PILGRIMAGE IN THE HEART OF AVALON

The human body is a mirror that reflects the Earth and Sky. Menhir stones around the world are placed along energy centers similar to those found within the body to precisely align with the frequencies of these telluric energies and constellations. In these sacred sites, meridians facilitate the expansion of awareness, fine tune innate intuition, and remembrance of ancestral wisdom. This voyage to Avalon is accompanied with Chakra Activations, Tantra, Breathwork, Energy Healing, Meditation, Cacao, and Rituals across the land to anchor cosmic frequency into our bodies and into the Earth. This convergence is your invitation to detox, harmonize, and rejuvenate the mind, body, heart, and spirit while immersed in nature and ancient teachings from esoteric traditions. As alchemists trained in turning lead to gold, all facets that no longer benefit your highest evolutionary path will be catalyzed in sacred ceremony and you will receive lifelong practices of longevity to integrate after the journey for pristine balance, flexibility, strength, and vitality. We will awaken dormant energy in the body so that you will live life more fully with a mind of peace, joyful heart, and healthy loved body. All participants receive a guide book and 90 minute integration call to be scheduled 2-3 weeks after the pilgrimage to anchor these energies, clarify questions, and provide guidance for living regeneratively with Ease and Grace –

DAY 1: GROUNDING YOUR ESSENCE

Shuttle pickup from
Lannion Station to the
coast and arrival by foot
Opening Ceremony
Activation of Intention



DAY 2: ENERGY ACTIVATIONS

Meditation & Yoga
Island Pilgrimage
Regenerative Arts
Evening Cacao Ceremony,
Tantra, and Breathwork



DAY 3: CROSSING THE PORTAL

Chakra Activation
Meditation & Qi-Gong
Integration Ceremony
Departures

ACCOMMODATION AND MEALS

**Morgane La Fey Sanctuary
and King Arthur Cottage
surrounded by diverse
forests, flowers, and fruits.**

**In regenerative action, please
bring bedding sheets and
specify upon booking for a
King, Queen, Double - Private
or Shared Room.**



**Meals are both vegan and vegetarian friendly.
All are organic, local, and without
sugar or gluten when possible.**

**PLEASE MENTION ANY DIETARY ALLERGIES OR
PREFERENCES AT TIME OF BOOKING**

WHAT TO BRING

- ✓ Comfortable Clothing
- ✓ Swimsuit & Towel
- ✓ Walking Shoes
- ✓ Reusable Water Bottle
- ✓ Biodegradable Sunscreen & Products
- ✓ Sunglasses
- ✓ Intentional Items for Altars (Crystals, Talismans)
- ✓ Rain Protection (Umbrella, Jacket)
- ✓ Notebook + Pen
- ✓ Sacred Trust & Playfulness
- ✓ Benevolent Kindness & Joyful Bliss



PRICING

FIRST WAVE - 333 €

SECOND WAVE - 444 €

THIRD WAVE - 555 €

ALL INCLUSIVE

FACILITATORS

The ethereal presence of Arthurian legend will guide our journey through these ancient lands alongside Emma Morgen, an expert in the field of somatic and energetic holistic arts. With over 12 years of expertise as a spiritual guide and a memoir of pilgrimage sites around the world, she will provide you the tools to enhance your metaphysical awareness and live practically with a mind of peace, joyful heart, and healthy loved body.



“Emma has an intimate somatic spiritual knowledge that heals and transports you. Her great experience and her natural gift to create beautiful and authentic spaces make her ceremonies an experience that will meet your essence, wherever you are in your journey... and will provide you with enriching guidance for the next stage of your life !” - Eva Lily

<https://emmamorgen.com>

CONTACT

WhatsApp, Telegram,
or Signal: +33774573476

Message : ARTHUR